

**Current information - Covid-19 has not gone away. We request all visitors ensure the safety of all pool users.**

* **Booking**. [www.kingsteigntonswimmingpool.org.uk](http://www.kingsteigntonswimmingpool.org.uk) You will need to book and pay online in advance for your swim and show proof of the booking/ payment to the staff. **ENTRY WILL BE REFUSED WITHOUT A VALID PAYMENT CONFIRMATION**. Your booking is for an hour, this includes the time taken to enter the pool area, change, swim and change back after your swim. A whistle will be blown 10 minutes before the end of each session to ensure that there is no overlap of people leaving and entering the pool. Cancellations can be made up to 12 hours in advance, otherwise you will be charged for your swim.
* **Lane Bookings**: You will need to book a slot in a lane (fast, medium or slow), appropriate to your swimming ability/speed. There will be a maximum of 8 people in each lane, to allow for social distancing in the pool.
* **Lane swimmers - Be mindful about your speed and no overtaking.** Please do not overtake whilst swimming. Before pushing off at each turn, check to see if anyone faster is approaching and let them swim ahead of you. Please follow the directional signs and move across to the appropriate side of the lane for each length.
* **Open session.** Maximum 30 people per session – **Main Pool**.
* **Open Session toddler pool. 1 adult + 1 child under 5 = 1 ticket – Maximum 4 tickets to one timed session in the toddler pool.** Wrist bands required. **Strictly no use of the main pool.**
* **Open session with lane.** Maximum 30 people per session – **Main Pool**.
* **Half Main Pool Hire.** Maximum 20 people per hire session – **Main pool only**.

**All swimmers under 9 and non-swimmers must be supervised in the pool by a responsible adult of 16 years or older. One adult can accompany two children under 9 years, however only one of those can be under 5 years old**

* **Do not go swimming if you show any Covid-symptoms**. This includes a temperature, new and persistent cough, loss of taste and/or smell.
* **Arrive ‘pool ready’.** Arrive with your swimsuit under your clothes ready to swim. The internal male, female and less-abled changing areas are open to change once you have had your time in the pool, please respect social distancing. The showers are **NOT** in use. Toilets are open.
* Once you have finished your swim, leave the pool area as staff need to clean before the next session is allowed in.
* Please ensure that you use the hand sanitiser, as you enter and leave the building.
* **Shower at home.** Pre and post-swim showers should be conducted at home. Showers will not available.
* **Bring your own equipment**. Take any equipment/aids with you (floats, kick boards etc.) ensuring it is clean and identifiable as yours before you arrive.
* **Respect other pool users.** People of different standards and abilities will use the pool. Please respect their right to enjoy their swim. Be kind to fellow swimmers and lifeguarding staff.
* **Social distance in the water.** Try to maintain appropriate social distance between yourself and other swimmers.

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